TeachSurfing Workshop

Representational sensory systems in NLP

TeachSurfer

Baraa KOULI

Date & Duration

04.02.2022, 2 hours

About the TeachSurfer

Baraa KOULI graduated from University in 2020. He worked with children and youth (13 to 18 years old) and facilitated non-formal activities (educative games and team-building activities)

Workshop summary

During this workshop, the facilitator will start with an energizer to get to know each other. There will be a short presentation about NLP and why learners need to know about their sensory system preferences. Afterwards, there will be a short survey about NLP which will help each student to know about his preferred representational system and how this is reflected in his life track and characteristics. We will go into the breakout rooms according to the NLP style and discuss each style more. We will finish with the feedback form and a debrief about our discussion in the breakout rooms, each participant will share a word about how this session was for him/her.

The workshop will be in English. The workshop aims to teach about the representational system and how it can affect the educational process of a student.

Target group

Youth people from 13 to 18 years old with basic English skills.

Required material

Stable internet connection.

[Agenda](#)

Pictures:

Auditory learners

- Use their ears
- prefer listening to reading
- always remember what people say

Tips

read aloud

discuss with a partner or group

podcasts

voice memos

Visual learners

- prefer to see information
- visualize in their head
- like charts, pictures and maps

Tips

colour coding

flashcards with pictures or formulas

drawing on your notes

postit notes sticky notes

kinesthetic learners

- Learn by doing
- hands on problem solving
- like making and creating things
- probably don't like long Lectures

Tips

Study in
short blocks
of time

walk or move
while reviewing
your notes

role play
in class