

WORKSHOP GRID **Representational sensory systems in NLP**

<b>Dramaturgy</b>	<b>Time</b>	<b>GOALS</b>	<b>CONTENTS</b>	<b>METHODS</b>	<b>COURSE OF ACTION</b>	<b>MATERIAL</b>
<b>Problematize /</b> <i>MOTIVATION</i>	10 mins	Establishing the expectations for the session	Asking the participants why they want to learn about the topic and what they expect. Getting to know each other - sharing our name and one of our hobbies.	Key questions	The facilitator is presenting himself and shares the aim of the session and how long it will take.	
<b>Input /</b> <i>KNOWLEDGE</i>	20 mins	Introduction of NLP	Presentation of NLP	Presentation	Presenting NLP and the representational sensory systems.	Presentation
<b>Training /</b> <i>SKILLS</i>	40 mins	Sharing what we understood about NLP	The facilitator is providing an online test and the participants will find out at the end what is their preferred way of thinking and interpreting the world (auditory,	Group work and online platforms	Providing the link to the online test.  Creating the breakout rooms according to the NLP style and giving the participants 2 questions to talk about.	<a href="#">Link</a> to the questionnaire

			<p>visually-oriented or kinaesthetic).</p> <p>The participants go into breakout rooms and discuss their styles and how they noticed their styles affected them in the study process.</p>			
<p><b>Transfer /</b> <i>COMMUNICATIO</i> <i>N of Sustainability</i></p>	<p>20 min</p>	<p>Debrief of the activity</p>	<p>Asking the participants how they would describe the activity in one world.</p> <p>Providing space for questions.</p>	<p>Feedback</p>	<p>Sharing what was discussed in the breakout rooms and feedback from the session.</p> <p>Providing the link to the feedback form.</p> <p>Providing space for questions.</p>	<p>Feedback form</p>